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SELECTED OCCUPATIONAL HISTORY

Chiropractor and Clinic Director, Hamilton Elite Care Center, LLC d/b/a Hamilton Spine & Injury Center, Hamilton NJ, 2008 – Present

Chiropractor and Clinic Director, Eatontown Elite Care Center, LLC d/b/a Eatontown Spine & Injury Center, Eatontown NJ, 2005 – Present

Chiropractor and Clinic Director, Kovacs Chiropractic LLC, Manasquan, NJ, 2002 – 2005

EDUCATION and LICENSURE

Doctor of Chiropractic, Licensed in the State of New Jersey, License #38MC005930, 2001– Present

National Board of Chiropractic Examiners, Part I, Marietta GA, 2000

National Board of Chiropractic Examiners, Part II, Marietta GA, 2000

National Board of Chiropractic Examiners, Part III, Marietta GA, 2001

National Board of Chiropractic Examiners, Physiotherapy, Marietta GA, 2001

National Board of Chiropractic Examiners, Part IV, Marietta GA, 2001

Doctorate of Chiropractic, Life University, Marietta GA, 2001

Bachelor of Arts in Communication Science, University of Vermont, Burlington, VT, 1997

SELECTED POST-GRADUATE EDUCATION and CERTIFICATIONS

MRI Normal Anatomy & Protocols, *Spinal anatomy of all MRI views utilizing T1, T2, 3D Gradient, stacking and STIR sequences of imaging. Advanced protocols of MRI examination with multiple sequences to create concurrent diagnostic findings.* CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Board for Chiropractic, Robert Peyster MD, DABR-NR, Neuroradiologist, Ronkonkoma, NY, 2009

MRI Disc & Spinal Cord and Spinal Canal Pathology, *MRI interpretation of disc pathologies as a result of trauma & degenerative factors and resultant neurological compromise. Spinal cord and canal pathologies, as well as space occupying lesion interpretation.* CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Board for Chiropractic, Robert Peyster MD, DABR-NR, Neuroradiologist, Ronkonkoma, NY, 2009

Accident Reconstruction and Ensuing Bodily Injury, *Understanding the forces involved in crashes and the transference of those forces from the bullet car to the target car. Quantifying those forces to determine bodily injury and calculating speed, distance, time and drag factors in determining causality and direction of forces.* CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Board for Chiropractic, Ronkonkoma, NY, 2009

MRI Clinical Application, *The clinical application of the results of space occupying lesions. Disc and tumor pathologies and the clinical indications of manual and adjustive therapies in the patient with spinal nerve root and spinal cord insult as sequellae.* CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Board for Chiropractic, Magdy Shady MD, Neurosurgeon, State University of New York at Stony Brook, Long Island, NY, 2009

MRI Methodology of Analysis, *MRI interpretation sequencing of the cervical, thoracic and lumbar spine inclusive of T1, T2, STIR and 3D gradient studies to ensure the accurate diagnosis of the region visualized.* CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Board for Chiropractic, Robert Peyster MD, Neuroradiologist, State University of New York at Stony Brook, Long Island, NY, 2009

MRI Spinal Pathology, *MRI interpretation of bone, intradural, extradural, cord and neural sleeve lesions. Tuberculosis, drop lesions, metastasis, ependymoma, schwannoma and numerous other spinal related tumors and lesions.* CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Board for Chiropractic, Robert Peyster MD, Neuroradiologist, State University of New York at Stony Brook, Long Island, NY, 2009

MRI Disc Pathology & Spinal Stenosis, *MRI interpretation of bulged, herniated, protruded, extruded sequestered and fragmented disc pathologies in etiology and neurological sequellae in relationship to the spinal cord and spinal nerve roots.* CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Board for Chiropractic, Robert Peyster MD, Neuroradiologist, State University of New York at Stony Brook, Long Island, NY, 2009

MRI Anatomy & History, *Normal anatomy of axial and sagittal views utilizing T1, T2, 3D Gradient and STIR sequences of imaging. Standardized and desired protocols in views and sequencing of MRI examination to create an accurate diagnosis in MRI.* CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Board for Chiropractic, Robert Peyster MD, Neuroradiologist, State University of New York at Stony Brook, Long Island, NY, 2009

MRI Physics and History, *Magnetic fields, T1 and T2 relaxations, nuclear spins, phase encoding, spin echo, T1 and T2 contrast, magnetic properties of metals and the historical perspective of the creation of NMR and MRI*. CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Board for Chiropractic, Terry Button, PhD, Medical Physicist, State University of New York at Stony Brook, Long Island, NY, 2009

MRI Interpretation of Spinal Cord, Spinal Disc and Spinal Canal Disorders, *MRI interpretation of herniated, protruded, extruded, bulged and sequestered discs & spinal stenosis as sequelae of ligamentous hypertrophy, congenital malformation, spinal cord pathology. Clinical necessity and contraindications*. Robert Peyster MD, DABR, CAQ-NR, Neuroradiologist, CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Long Island, NY, 2009

AMA Guides to the Evaluation of Permanent Impairment 6th Edition, *Clinically coordinating spinal pathology with neurological and functional sequelae including station & gait, migraines, sexual dysfunction, sleep & arousal disorders, paroxysmal disorders, radiculopathic disorders and central nervous system disorders*. CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Long Island, NY, 2009

MRI Interpretation of Herniated Disc and Spinal Cord and Root Encroachment, *MRI interpretation of herniated, protruded, extruded, bulged and sequestered discs and their relationship to the spinal cord and spinal nerve roots and the clinical correlation to spinal adjustments, manual spinal therapy and joint mobilization*. Magdy Shady MD, Neurosurgeon, Neuro-Trauma Surgery, CMCS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Long Island, NY, 2009

Diplomate, American Academy of Medical-Legal Professionals, 2008

Upper Extremity Adjusting, *Review of clinical rationale for upper extremity joint adjustment. Protocols, indicators and rehabilitation of wrist, elbow and shoulder subluxation*. Association of New Jersey Chiropractors, New York Chiropractic College, East Brunswick, NJ, 2008

Comprehensive Metabolic Profiling Of The Complicated Patient, *Introduction to comprehensive metabolic profiling including: organic acids, neurotransmitters, bloodspot fatty acid, Omega-3 Index, lipid peroxides, oxidative stress, leaky gut and the elimination diet*. Association of New Jersey Chiropractors, New York Chiropractic College, East Brunswick, NJ, 2008

Chiropractors as Corrective Exercise Specialists, *Introduction to a systematic process of identifying a neuromusculoskeletal dysfunction, developing a plan of action and implementing the corrective strategy*. Association of New Jersey Chiropractors, New York Chiropractic College, East Brunswick, NJ, 2008

Functional Evaluation as a Screening For The Gym Athlete, *Rationale and feasibility of performing functional evaluations. Components of the functional evaluation. Review of biomechanics. Expanding the evaluation to be sport specific*. Association of New Jersey Chiropractors, New York Chiropractic College, East Brunswick, NJ, 2008

Neurodiagnostics, Imaging Protocols and Pathology of the Trauma Patient, *An in-depth understanding of the protocols in triaging and reporting the clinical findings of the trauma patient. Maintaining ethical relationships with the medical-legal community.* CMCS Management Post Doctoral Division, New York Chiropractic Council, New York State Department of Education Board for Chiropractic, Long Island, NY, 2008

Diagnostics, Risk Factors, Clinical Presentation and Triaging the Trauma Patient, *An extensive understanding of the injured with clinically coordinating the history, physical findings and when to integrate neurodiagnostics. An understanding on how to utilize emergency room records in creating an accurate diagnosis and the significance of "risk factors" in spinal injury.* CMCS Management Post Doctoral Division, New York Chiropractic Council, New York State Education Department Board for Chiropractic, Long Island, NY, 2008

Crash Dynamics and Its Relationship to Causality, *An extensive understanding of the physics involved in the transference of energy from the bullet car to the target car. This includes G's of force, Newton's, gravity, energy, skid marks, crumple zones, spring factors, event data recorder and the graphing of the movement of the vehicle before, during and after the crash. Determining the clinical correlation of forces and bodily injury.* CMCS Management Post Doctoral Division, New York Chiropractic Council, New York State Education Department Board for Chiropractic, Long Island, NY, 2008

MRI, Bone Scan & X-Ray Protocols, *Physiology and Indications for the Trauma Patient, MRI interpretation, physiology, history and clinical indications, Bone Scan interpretation, physiology and clinical indications, x-ray clinical indications for the trauma patient,* CMCS Management Post Doctoral Division, New York Chiropractic Council, New York State Education Department Board for Chiropractic, Long Island NY, 2008

Neurodiagnostic Testing Protocols, *Physiology and Indications for the Trauma Patient, Electromyography (EMG,) Nerve Conduction Velocity (NCV,) Somato Sensory Evoked Potential (SSEP,) Visual Evoked Potential (VEP,) Brain Stem Auditory Evoked Potential (BAER) and Visual-Electronystagmography (V-ENG) interpretation, protocols and clinical indications for the trauma patient.* CMCS Management Post Doctoral Division, New York Chiropractic Council, New York State Education Department, Board for Chiropractic, Long Island, NY, 2008

Documentation and Reporting for the Trauma Victim, *Understanding the necessity for accurate documentation and diagnosis utilizing the ICD-9 and the CPT to accurately describe the injury through diagnosis. Understanding and utilizing state regulations on reimbursement issues pertaining to healthcare.* CMCS Management Post Doctoral Division, New York Chiropractic Council, New York State Education Department, Board for Chiropractic, Long Island, NY, 2008

Documenting Clinically Correlated Bodily Injury to Causality, *Understanding the necessity for accurate documentation, diagnosis and clinical correlation to the injury when reporting injuries in the medical-legal community. Documenting the kinesiopathology, myopathology, neuropathology, pathophysiology in both a functional and structural paradigm.* CMCS Management Post Doctoral Division, New York Chiropractic Council, New York State Education Department, Board for Chiropractic, Long Island, NY, 2008

Interpreting Spinal Trauma MRI's, *MR Image formation and interpretation with an emphasis on normal vs. pathological, nomenclature and classification of disc pathology. Interpreting MRI in the courtroom and case reviews.* New York Chiropractic College, Hazlet, NJ, 2008

Certified Chiropractic Sports Physician, American Chiropractic Board of Sports Physicians, location, 2008

Certified in Diagnostic Imaging and Interpreting Spinal Trauma with MRI, New York Chiropractic College, location, 2008

Chiropractic Sports Injuries and Rehab, *Sports Nutrition and peak performance, Emergency procedures, knee and hip evaluation and adjusting procedures, ankle and foot evaluation and adjusting procedures.* University of Bridgeport, College of Chiropractic, Quakertown, PA, 2008

Personal Injury Practice with Mock Trial Demonstration, *Qualifying as a chiropractic expert witness in court & testifying regarding MRI's, MUA issues, AICRA and The Verbal Threshold, winning your PIP cases.* Association of New Jersey Chiropractors, Toms River, NJ, 2008

Interpreting Spinal Trauma MRI's, *Overview of MRI concepts, normal MRI spinal anatomy reviewed, approach to MRI interpretation of spinal abnormalities, MRI bone marrow and endplates, MRI disc disease, dynamic imaging of the spine, case reviews ,and interpreting MRI in the courtroom.* New York Chiropractic College, Bloomfield, NJ, 2008

Taping for Dummies, *Kinesiotaping and its applications. Specific proprioceptive taping procedures.* New York Chiropractic College, East Brunswick, NJ, 2007

Covering the Menu of Modalities from A-Z, *Review of low volt galvanic, high volt, interferential, premodulated, russian, biphasic, microcurrent electrotherapies, Application of ultrasound, heat, ice and phototherapy/laser.* New York Chiropractic College, East Brunswick, NJ, 2007

The use of FAKTR-PM in Daily Practice, *Introduction to procedure and its use in acute/inflammatory processes, Apply the technique to chronic/overuse injuries, practical demonstration and hands on technique.* New York Chiropractic College, East Brunswick, NJ, 2007

Simple Adjusting Techniques & Stabilization of Lower Extremity, *Review of neurophysiology as it relates to the lower extremity. Review of anatomy and adjusting techniques of the foot.* New York Chiropractic College, East Brunswick, NJ, 2007

Introduction to MRI in the Chiropractic Practice, *Review of T1 vs T2 images, normal anatomy, and case studies.* New York Chiropractic College, East Brunswick, NJ, 2007

Whiplash and Brain Injury Traumatology, *The fundamental of expository, scientific writing you were never taught and the common dos and don'ts of narrative report preparation from A-Z. How to incorporate outcomes assessment and disability instruments into your reports (SCL-90-R, Oswestry, Roland-Morris, Rivermead PCS, and more) and the application of AMA guidelines in personal injury and forensic practice.* Spine Research Institute of San Diego, Orlando, FL, 2007

Whiplash and Brain Injury Traumatology, *Auto crash reconstruction in low speed crashes: critical knowledge for today's forensic practitioners, Historical documentation in personal injury and forensic medicine applications, Comprehensive physical examination of whiplash and traumatic brain injury, MRI examination of brain, spine, and soft tissue injuries. How and when to use diagnostic imaging modalities (SPECT, PET, fMRI, MRA, VF, etc.) and electrodiagnostics (EMG, sEMG, SSEP, VEP, etc.) Chiropractic manipulation, deep tissue massage, PT Modalities for best outcomes, Phases of Healing, Treatment Plan Design, and determination of Maximum Medical Improvement (MMI)*, Spine Research Institute of San Diego, Orlando, FL, 2007

Whiplash and Brain Injury Traumatology, *No damage equals no injury myth exposed. In-depth analysis of brain, neck, and cervical spine trauma mechanisms. Soft tissue injuries: a comprehensive and cutting edge analysis. All clinical syndromes and conditions resulting from whiplash (WAD/CAD), seat belt and shoulder harness effects, Temporal Mandibular Disorder (TMD), Thoracic Outlet Syndrome (TOS), Mild Traumatic Brain Injury (MTBI), Post Concussion Syndrome (PCS), Myofascial Pain Disorder (MPD), Sclerotomal Pain Radiation, and Post Trauma Prognosis. Risk assessment: the fundamental key to modern forensic practice.* Spine Research Institute of San Diego, Orlando, FL, 2007

Cervical and Lumbar Radiculopathy Workshop, *Anatomy and pathology of the cervical and lumbar spine. Cervical-lumbar centration, neuromobilization and stabilization workshops.* University of Bridgeport College of Chiropractic, Newark, NJ, 2006

Cox Technic Seminar, *Biomechanics of the human spine. Examination and algorithm of decision making for Cox Technique, biomechanics, diagnosis and treatment of facet syndrome, spondylolisthesis, cervical spine, and hands on training.* National University of Health Sciences, Philadelphia, PA, 2005

SELECTED LECTURING

Lecturer, Whiplash, the Epidemic, Monmouth County Library, Shrewsbury, NJ, May 2008

Lecturer, It's Your Future... Be There Healthy, Seabrook Village, Tinton Falls, NJ, December, 2007

Lecturer, Exercise Your Way to a Healthy Back, Seabrook Village, Tinton Falls, NJ, November, 2007

Lecturer, Exercise Your Way to a Healthy Neck, Seabrook Village, Tinton Falls, NJ, October, 2007

Lecturer, Nutritional Labels & Your Health, Seabrook Village, Tinton Falls, NJ, September, 2007

Lecturer, How to Stay Young the First 100 Years, Seabrook Village, Tinton Falls, NJ, August, 2007

Lecturer, Home Exercise for Maximum Health, Seabrook Village, Tinton Falls, NJ, July, 2007

Lecturer, Perfect Posture, Seabrook Village, Tinton Falls, NJ, June, 2007

Lecturer, Arthritis – Prevention and Solutions, Tinton Falls, NJ, May, 2007

Lecturer, Breathing & Stretching For Longer Life, Tinton Falls, NJ, April, 2007

SELECTED PUBLICATIONS

Studin, M., Peyster, R., & Kovacs, J. (2009). The Clinical Application of Advanced Imaging Utilizing High Field MRI to Determine Pathology in Both the Trauma and Non-Trauma Patient. *MRI Certification Course Module 6*, CMCS Post Doctoral Division, Long Island, NY.

SELECTED SCHOLARLY PRESENTATIONS

Kovacs, J. (2007, June) Safety Links [Television broadcast]. Eatontown, NJ: COTN-TV

SELECTED HONORS and AWARDS

Graduated Magna Cum Laude, Life University, Marietta, GA, 2001

SELECTED PROFESSIONAL MEMBERSHIPS

American Academy of Spine Physicians, Member, 2009 – Present

American Academy of Medical Legal Professionals, Member, 2008 – Present

Association of New Jersey Chiropractors, Member, 2005 – Present

American Chiropractic Association, Member, 1998 – Present

SELECTED COMMUNITY SERVICE

Eatontown Food Co-Op, Member, Eatontown, NJ, 2008 – Present

LeTip of Eatontown, Founder and President, Eatontown, NJ, 2006 – 2009

Eatontown Lions Club, Member, Eatontown, NJ, 2006 – Present

LeTip of Manasquan, Founder and President, Manasquan, NJ, 2002 – 2006